

**RETURN TO PLAY FORM:**  
**Medical Clearance Releasing the Student-Athlete to**  
**Resume Full Participation in Athletics**  
**After an Illness or Injury**

Before the student-athlete will be allowed to resume full participation in athletics, this form must be signed by one of the following Licensed Health Care Providers: Licensed Physician (MD/DO), Licensed Physician Assistant (PA), Licensed Nurse Practitioner (NP) and the student-athlete's parent/legal custodian.

Name of Student-Athlete: \_\_\_\_\_ DOB: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Date of Diagnosis : \_\_\_\_\_ Date Symptoms Resolved: \_\_\_\_\_

**I release the above-named student-athlete to resume full participation in athletics.**

\_\_\_\_\_, MD DO PA NP \_\_\_\_\_  
 Signature of Licensed Physician, Licensed Physician Assistant, \_\_\_\_\_ Date  
 Licensed Nurse Practitioner (Please Circle)

\_\_\_\_\_  
 Please Print Name

Physician Office Stamp:	Address _____ _____ Phone: _____
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**Parent/ Legal Custodian Consent**

- I am aware that the North Carolina High School Athletic Association/WCPSS **REQUIRES** that student-athletes absent from athletic practice for five (5) or more days due to illness or injury shall receive a medical release by either a physician licensed to practice medicine or his/her designee (nurse practitioner, or physician's assistant ) before readmittance to practice or contests..
- I acknowledge that the Licensed Health Care Provider listed above has provided medical care to my student-athlete.
- I acknowledge that the Licensed Health Care Provider listed above has released my student-athlete to resume full participation in athletics.

By signing below, I hereby give my consent for my child to resume full participation in athletics.

\_\_\_\_\_  
 Signature of Parent/ Legal Custodian \_\_\_\_\_ Date

\_\_\_\_\_  
 Please Print Name and Relationship to Student-Athlete